



Dear Mentor,

We would like to extend a very warm welcome to the programme and thank you for joining us. We really appreciate your decision to become a mentor and we do hope you thoroughly enjoy your experience. You have opted to carry out a role that can really have a major effect on young people's lives.

This resource pack is here to help you gain ideas for exercises that you can do with your mentees. In Section One there is a guide on using the pack, which we hope you find useful. However, everyone's mentoring relationship is different, so please don't feel that there is any obligation to follow the pack closely – the important thing we ask is for you to respond to your mentees as well as you can. Broadly speaking the objectives of the programme are outlined below.

Key Objectives for Students

- Increase their self-confidence
- Gain experience of the working world
- Broaden their horizons and raise aspirations
- Improve their academic performance

Please give us a call if you have a query on any aspect of the programme – we will be happy to help.

We wish you the very best of luck!

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Hackney Schools' Mentoring Programme

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RESOURCE PACK FOR MENTORING SESSIONS

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